

# Carolina Endodontics

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## Post-Treatment Care

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- ❖ Do not eat anything until the numbness in your mouth wears off. This will prevent you from biting your lip, cheek or tongue.
- ❖ Do not chew or bite on the treated tooth until you have had it restored by your general dentist.
- ❖ Be sure to brush and floss your teeth as you normally would.
- ❖ If the opening in your tooth was restored with a temporary filling material, it is not unusual for a thin layer to wear off in-between appointments. However, if you think the entire filling has come out, contact your endodontist.
- ❖ Contact your endodontist immediately if you develop any of the following:
  - a visible swelling inside or outside of your mouth
  - an allergic reaction to medication, including rash, hives or itching (nausea is not an allergic reaction)
  - a return of original symptoms

It is normal to feel some tenderness in the area over the next few days as your mouth undergoes the natural healing process. You may also feel some tenderness in your jaw from keeping it open for an extended period of time

To aid in the long term success of the tooth, it is imperative that a final restoration is placed; often a crown. **Contact your general dentist within two to four weeks to schedule your next appointment.** If your tooth is being treated in more than one visit by an endodontist, do not return to your general dentist for the restoration until the root canal has been completed.

**If you have any complications, please contact the office as soon as possible. We have a doctor on call and may be reached by calling (803) 798-8476.**